

OUR LADY STAR OF THE SEA, MUMBLES

HOME PRAYER SERVICE FOR SUNDAYS

19th Sunday of Ordinary Time (A), 9 August 2020

This home prayer service can be used by a single person (sole participant) or by family members at home. Where there are two or more persons, a family member leads the prayer service (including reading the reflection). Where possible, the participant(s) should have the prayer service around a table with a lighted candle, a crucifix and a Bible (or missal).

ENTRANCE SONG (OR ANTIPHON)

An opening song may be sung or the following antiphon is recited. All stand.

**Look to your covenant, O Lord, and forget not
the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.**

We begin with the sign of the Cross:

**In the name of the Father, and of the Son, and of
the Holy Spirit. Amen.**

A leader or the sole participant says:

**Blessed be the God of all consolation,
who has shown us his great mercy.
Bless the Father and the Son and the Holy Spirit.**

Response: Blessed be God for ever.

INTRODUCTION

Where there are two or more persons in the house, the leader introduces the celebration in these or similar words:

**In time of great anguish, such as St Paul himself
experienced, Christ is always with us, calming
the storm and bringing peace.**

PENITENTIAL ACT

The sole participant or leader introduces the penitential act saying:

**Let us acknowledge our sins, and so prepare
ourselves for this celebration.**

A brief pause for silence follows.

**I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to
do, through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

The sole participant or the leader says:

**May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.**

Response: Amen.

COLLECT

The sole participant or leader says the Collect Prayer:

**Almighty ever-living God,
whom, taught by the Holy Spirit,
we dare to call our Father,
bring, we pray, to perfection in our hearts
the spirit of adoption as your sons and
daughters,
that we may merit to enter into the inheritance
which you have promised.
Through Our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit, one God, for ever and ever.**

Response: Amen.

READINGS

After each reading a brief silence is observed. It is desirable to take all the readings with the responsorial psalm, all of which are available in the Sunday Missal. Where all readings of the Sunday cannot be taken, the Gospel (printed below) is read. The one who reads the Gospel, if not a priest or deacon, does not say "The Lord be with you" but begins with "A reading from the holy Gospel according to...".

First Reading:	1 Kings 19-9,11-13
Responsorial Psalm:	Ps 84(85):9-14
Second Reading:	Romans 9:1-5
Gospel Acclamation:	cf. Lk19:38, 2:14
Gospel:	Matthew 14:22-33

A reading from the Holy Gospel according to Matthew

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by

now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost' they said, and cried out in fear. But at once Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord,' he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'

The Gospel of the Lord

REFLECTION

The sole participant or leader reads a homily prepared by the priest; or may give a short reflection on the scripture readings of the day. The reflection is followed by a period of silence.

PROFESSION OF FAITH

The creed is said:

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

GENERAL INTERCESSIONS

The General Intercessions are said.

Leader: We make our prayers as God's faithful people, looking to Jesus Christ. As he encouraged the wavering faith of St Peter, so we know he is always with us, his hand outstretched to strengthen us and raise us up.

Reader: For the household of God on earth, visibly united around the true successors of Peter and the apostles. Lord, in your mercy

Response: Hear our prayer.

Reader: For justice and peace in those nations where civil war divides people from one another. Lord, in your mercy

Response: Hear our prayer.

Reader: For courageous faith in Christ when we are victims of fear. Lord, in your mercy

Response: Hear our prayer.

Reader: Let us pray that those who are sick with the coronavirus may regain their health through quality medical care and may those who have died from the virus find eternal rest with God. Lord, in your mercy

Response: Hear our prayer.

Reader: Let us pray for our sick and housebound parishioners, that they may be strengthened through the power of the Holy Spirit. Lord, in your mercy

Response: Hear our prayer.

Reader: In thanksgiving to the Lord, we pray for parishioners who mark their birthdays this week: Tess O'Donoghue, Sandra Morgan, Isabelle Gilfedder. May the Lord bless and keep them. Lord, in your mercy

Response: Hear our prayer.

Reader: Let us pray to our Father in the words Our Saviour taught us: **Our Father, who art in heaven...**

ACT OF SPIRITUAL COMMUNION

After a brief period of silence, the Prayer of Spiritual Communion is said by all.

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

A song of thanksgiving may be sung after the prayer of spiritual communion.

CONCLUDING PRAYER

The sole participant or leader says the concluding prayer:

May your healing work, O Lord, free us, we pray, from doing evil and lead us to what is right. Through Christ our Lord. Amen.

The sole participant or leader concludes the rite by signing himself or herself with the Sign of the Cross while saying the following:

May almighty God bless us, the Father, and the Son, and the Holy Spirit. Amen.