

OUR LADY STAR OF THE SEA, MUMBLES

HOME PRAYER SERVICE FOR SUNDAYS

4th Sunday of Advent (B), 20 December 2020

This home prayer service can be used by a single person (sole participant) or by family members at home. Where there are two or more persons, a family member leads the prayer service (including reading the reflection). Where possible, the participant(s) should have the prayer service around a table with a lighted candle, a crucifix and a Bible (or missal).

ENTRANCE SONG (OR ANTIPHON)

An opening song may be sung or the following antiphon is recited. All stand.

**Drop down dew from above, you heavens,
and let the clouds rain down the Just One;
let the earth be opened and bring forth a Saviour.**

We begin with the sign of the Cross:

**In the name of the Father, and of the Son, and of
the Holy Spirit. Amen.**

A leader or the sole participant says:

**Blessed be the God of all consolation,
who has shown us his great mercy.
Bless the Father and the Son and the Holy Spirit.**

Response: Blessed be God for ever.

INTRODUCTION

Where there are two or more persons in the house, the leader introduces the celebration in these or similar words:

**Today's Mass is a great song to the everlasting love
of God revealed in his covenant (love-pact) with
his people. We praise the mystery of his love, kept
secret for endless ages, but now revealed through
a new ark of the covenant, Mary of Nazareth.**

PENITENTIAL ACT

The sole participant or leader introduces the penitential act saying:

**Let us acknowledge our sins, and so prepare
ourselves for this celebration.**

A brief pause for silence follows.

**I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

The sole participant or the leader says:

**May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.**

Response: Amen.

COLLECT

The sole participant or leader says the Collect Prayer:

**Pour forth, we beseech you, O Lord,
your grace into our hearts,
that we, to whom the Incarnation of Christ your
Son was made known by the message of an Angel,
may by his Passion and Cross
be brought to the glory of his Resurrection.
Who lives and reigns with you in the unity of the
Holy Spirit, one God, for ever and ever.**

Response: Amen.

READINGS

After each reading a brief silence is observed. It is desirable to take all the readings with the responsorial psalm, all of which are available in the Sunday Missal. Where all readings of the Sunday cannot be taken, the Gospel (printed below) is read. The one who reads the Gospel, if not a priest or deacon, does not say "The Lord be with you" but begins with "A reading from the holy Gospel according to...".

First Reading: 2 Samuel 7:1-5,8-12,14,16
Responsorial Psalm: Psalm 88(89):2-5,27,29
Second Reading: Romans 16:25-27
Gospel Acclamation: Lk 1:38
Gospel: Luke 1:26-38

A reading from the Holy Gospel according to Luke

The angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the House of David; and the virgin's name was Mary. He went in and said to her, 'Rejoice, so highly favoured! The Lord is with you.' She was deeply disturbed by these words and asked herself what this greeting could mean, but the angel said to her, 'Mary, do not be afraid; you have won God's favour. Listen! You are to conceive and bear a son, and you must name him Jesus. He will be great and will be called Son of the Most High. The Lord God will give him the throne of his ancestor David; he will

rule over the House of Jacob for ever and his reign will have no end.' Mary said to the angel, 'But how can this come about, since I am a virgin?' 'The Holy Spirit will come upon you' the angel answered 'and the power of the Most High will cover you with its shadow. And so the child will be holy and will be called Son of God. Know this too: your kinswoman Elizabeth has, in her old age, herself conceived a son, and she whom people called barren is now in her sixth month, for nothing is impossible to God.' 'I am the handmaid of the Lord,' said Mary 'let what you have said be done to me.' And the angel left her.

The Gospel of the Lord

REFLECTION

The sole participant or leader reads a homily prepared by the priest; or may give a short reflection on the scripture readings of the day. The reflection is followed by a period of silence.

PROFESSION OF FAITH

The creed is said:

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

GENERAL INTERCESSIONS

The General Intercessions are said.

Leader: Because "nothing is impossible to God", we can confidently make our prayers for our world, through the powerful intercession of Mary, model of faith and hope.

Reader: Let us pray for the pastors and people of the universal community of faith. Lord, in your mercy

Response: Hear our prayer.

Reader: Let us pray for the nations materialism stifle the faith of the people. Lord, in your mercy

Response: Hear our prayer

Reader: Let us pray for the grace of perfect trust in God, like the Virgin of Nazareth. Lord, in your mercy

Response: Hear our prayer

Reader: Let us pray that those who are sick with the coronavirus may regain their health through quality medical care and may those who have died from the virus find eternal rest with God. Lord, in your mercy

Response: Hear our prayer.

Reader: Let us pray for our sick and housebound parishioners, that they may be strengthened through the power of the Holy Spirit. Lord, in your mercy

Response: Hear our prayer.

Reader: In thanksgiving to the Lord, we pray for parishioners who mark their birthdays this week: Peter Andrewes. May the Lord bless and keep him.

Lord, in your mercy

Response: Hear our prayer.

Reader: Let us pray to our Father in the words Our Saviour taught us: **Our Father, who art in heaven...**

ACT OF SPIRITUAL COMMUNION

After a brief period of silence, the Prayer of Spiritual Communion is said by all.

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

A song of thanksgiving may be sung after the prayer of spiritual communion.

CONCLUDING PRAYER

The sole participant or leader says the concluding prayer:

May your healing work, O Lord, free us, we pray, from doing evil and lead us to what is right. Through Christ our Lord. Amen.

The sole participant or leader concludes the rite by signing himself or herself with the Sign of the Cross while saying the following:

May almighty God bless us, the Father, and the Son, and the Holy Spirit. Amen.