

Our Lady Star Of The Sea Catholic Church

The Presbytery, 22 Devon Place, Mumbles, Swansea, SA3 4DR
 Rev. Fr. Michael 'Tega Akpoghiran, OP. Tel: 01792 367283
 Rev. Fr. Matthew Achunine, OP.
 Rev. Fr. Clement Oloruntoba, OP. (Singleton Hospital Chaplain) 07459335606
 Parish Safeguarding Rep: Mrs Clare Power Tel: 01792 401781
 email: mumbles@menevia.org twitter: @OLSS_Mumbles
<https://www.facebook.com/OLSSMumbles/>

St David's Catholic Primary School

West Cross, Swansea, SA3 5TS
 Tel 01792 512212
 Headteacher: Ms E. Richards
<http://www.stdavidscatholicprimary.swans.ea.sch.uk/>
 email:
 6703303_stdavidscatholicprimaryschool@hwb.cymru.net
<https://www.facebook.com/StDavidsCPS/>
 'Love God, Love Learning, Love Life'

SOME MASSES LISTED BELOW ARE LIVESTREAMED

Date & Liturgical Celebration	Time	Mass Intention
Sunday 6th February 5th Sunday of Ordinary Time	Sat. Vigil 6.30pm 8.30am 10.30am 11.45am	Parish Community Gerald & T.J. Ronan, RIP (R R) Michael Policelli, RIP (L P) Special Intention of Angela & Roy Miller (C S)
Monday 7 th	10.00am Mass in Townhill	
Tuesday 8 th <i>St Josephine Bakhita, Virgin</i>	9.30am (Livestreamed)	David Davies, RIP/Birthday (C B)
Wednesday 9 th <i>St Teilo, Bishop</i>	9.30am (Livestreamed)	Joe McAuliffe, RIP (B R)
Thursday 10 th <i>St Scholastica, Virgin</i>	7.00pm (Livestreamed)	Jean White, RIP (C S)
Friday 11 th <i>Our Lady of Lourdes</i>	9.30am (Livestreamed)	Barbara Evans, RIP Anniversary (N E)
Saturday 12 th <i>Weekday in Ordinary Time</i>	10.00am (Livestreamed)	Marjorie Morris, RIP (M M)
Sunday 13th February 6th Sunday of Ordinary Time	6.30pm 8.30am 10.30am 11.45am	Parish Community Maurice & Jackie Rees, 45th Wedding Anniversary (J M) James Wilson, RIP (P W) John Grant, RIP (C S)

CONFESSIONS: Saturday morning after 10am Mass, Saturday evening 6pm-6.15pm, and on request.

BIRTHDAYS THIS WEEK: Terri Jukes, Johnathan Pass, Ade Oshisanya.

SACRAMENT OF CONFIRMATION (CHANGE OF DATE): New date is Saturday 30th April. Classes began on 5th February for youngsters aged 13 and above. Please contact Sandra Morgan (281319) for more information. Thank you.

COMMUNION TO THE HOUSEBOUND: If you know of any housebound parishioner who would like Holy Communion brought to them, please get in touch with Father Michael or Joy Stafford (01792 361029). Thank you.

PARISH BEREAVEMENT SUPPORT: Donna Hurley, a Catholic and Bereavement Support expert, will be speaking to us at all Masses of the weekend of 19th/20th February. Some parishioners have received training to start our Parish Bereavement Support.

More volunteers are needed. Please get in touch with Fr Michael. Training is required. Thank you.

CAFOD'S WALK AGAINST HUNGER CHALLENGE: CAFOD asks us to challenge ourselves and walk 200km during this Lent. If you do 5km (3.1 miles, or 6250 steps) a day on your own or with others for 40 days, you will conquer your target in time for Easter and help people around the world, amongst whom are 200 million children whose lives are at risk from malnutrition. A few have already signed up. So, if you are interested, please text or phone Sarah on 07886 277864. Thank you.

WE REMEMBER THE SICK AND HOUSEBOUND, AND THOSE WHO HAVE ASKED FOR OUR PRAYERS: Isabelle Gilfedder, Bill Gill, Claire Clancy, Roy Miller, Frank Bowen, Michael Guerin, Theresa Plunkett, Kath Bowling, Doris Renninghoff, Frances Traylor, Rosemary Ronan, Mary Brearley, Audrey Robinson, Maria Davies, Angela Matthews, Millie Richards, Janet Blackburn, Eleanor Scowcroft, Yvonne Richards, Maria Watkins, Peter McPherson, Heather Ellis, Bernard Gregory, Ray Clancy.

FUNERAL MASS: PAT DAVIES, RIP: Monday 14th February at Our Lady Star of the Sea, 11.30am.

WE REMEMBER THOSE WHOSE ANNIVERSARIES OCCUR ABOUT THIS TIME: Laurence & Danny Maher, Elizabeth Battey, Emma Jones, Elizabeth (Betty) Bracchi, Shirley Budge, Fr Stanley Vince, Robert Usher, John Williams, George Stuart, James Wilson, Marjorie Morris, John Lynch, Constance Richards, Valmai Davies, Fr Eric Green, Fr Trevor Driscoll, Rosina Quinn, Gladys Casey, Gina O'Brien, Mary Mays, Carmel Gilmore, Leonard Jones.

SECOND COLLECTION: There will be a second collection for **Racial Justice Sunday** next weekend.

SUNDAY OFFERING: £1075 (includes standing orders). Thanks for your generosity.

POPE'S INTENTION FOR FEBRUARY: In February, we pray with Pope Francis for religious sisters and consecrated women, thanking them for their mission and courage; may they continue to find new responses to the challenges of our times.

THE CYCLE OF PRAYER: We are invited to pray for these intentions: Peace on Earth; Openness to the Word of God; Christian Unity; Victims of Human Trafficking and Those Who Work to Combat It; The Sick and Those Who Care for Them; The Unemployed

St Thomas Aquinas on the Eucharist

Whether the body of Christ be in this sacrament in very truth, or merely as in a figure or sign?

The presence of Christ's true body and blood in this sacrament cannot be detected by sense, nor understanding, but by faith alone, which rests upon Divine authority. Hence, on Luke 22:19: "This is My body which shall be delivered up for you," Cyril says: "Doubt not whether this be true; but take rather the Saviour's words with faith; for since He is the Truth, He lieth not."

Now this is suitable, first for the perfection of the New Law. For, the sacrifices of the Old Law contained only in figure that true sacrifice of Christ's Passion, according to Hebrews 10:1: "For the law having a shadow of the good things to come, not the very image of the things." And therefore, it was necessary that the sacrifice of the New Law instituted by Christ should have something more, namely, that it should contain Christ Himself crucified, not merely in signification or figure, but also in very truth. And therefore, this sacrament which contains Christ Himself, as Dionysius says (*Eccl. Hier. iii*), is perfective of all the other sacraments, in which Christ's virtue is participated.

Secondly, this belongs to Christ's love, out of which for our salvation He assumed a true body of our nature. And because it is the special feature of friendship to live together with friends, as the Philosopher says (*Ethic. ix*), He promises us His bodily presence as a reward, saying (Matthew 24:28): "Where the body is, there shall the eagles be gathered together." Yet meanwhile in our pilgrimage He does not deprive us of His bodily presence; but unites us with Himself in this sacrament through the truth of His body and blood. Hence (John 6:57) he says: "He that eateth My flesh, and drinketh My blood, abideth in Me, and I in him." Hence this sacrament is the sign of supreme charity, and the uplifter of our hope, from such familiar union of Christ with us.

Thirdly, it belongs to the perfection of faith, which concerns His humanity just as it does His Godhead, according to John 14:1: "You believe in God, believe also in Me." And since faith is of things unseen, as Christ shows us His Godhead invisibly, so also in this sacrament He shows us His flesh in an invisible manner.

Some people, accordingly, not paying heed to these things, have contended that Christ's body and blood are not in this sacrament except as in a sign, a thing to be rejected as heretical, since it is contrary to Christ's words.

Taken from: St Thomas Aquinas, *Summa Theologiae*, III, q.75. a.1.

Next Week: Whether in this sacrament the substance of the bread and wine remains after the consecration?

COVID ADVICE: To reduce the risk of spreading COVID, please do NOT attend Mass if you feel unwell or have any symptoms of a cold, no matter how mild. Instead, follow our livestreamed Mass. Also, we remind those attending Mass that face masks should be worn over the nose and mouth. Thank you.

Face Covering at Mass: In keeping with Welsh Government guidance, face coverings must be worn at Mass by adults and children aged 11 and over. The face covering may be removed in order to receive Holy Communion. By wearing a face covering you will be helping to protect others.

How to Pre-book Sunday Mass Attendance: To book a place at Sunday Masses, please contact **Madeline Ahearne** on phone or email (**01792 361194**; **madelineolss@aol.com**) or send an email to the Parish email address **mumbles@menevia.org**. Please provide your name, the number attending Mass, and contact phone number when you book. This record will be held for 14 days (COVID track and trace).

Livestreamed Masses: Masses are livestreamed from our Parish (weekday Masses and Sunday 10.30am Mass). For a link to livestreamed Masses please go to our Parish website **www.ourladystaroftheseamumbles.org.uk** and click "Livestream" on the menu bar. You can also find us on **YouTube** by searching for **Our Lady Star of the Sea Mumbles**

Our Catholic Primary School: Our local Catholic Primary school is **St David's** on West Cross Avenue, a welcoming and happy school where children are cared for and nurtured to develop educationally, spiritually and emotionally. The contact details for St David's are at the top of this Newsletter - do get in touch to secure a place for your child.

Email: **6703303 stdavidscatholicprimaryschool@hwbcymru.net** or phone on 01792 512212 or follow us on Twitter: **@stdavidscps**.